



## Visit to LocalNutLeg partners to develop a booklet

Israel, 28-31 March 2022



MORE-Collaborative Laboratory Mountains of Research - Association (MORE) and its partner Agricultural Research Organization - Volcani Center (ARO) and Tel-Hai College (THC) visited lupins, almonds and carob fields for three days.

In the first day, MORE and its partner ARO visited two wild lupin fields of Israel (*Lupin palaestinus* and *Lupin pilosus*). They also visited Neve Ya'ra, where is located the model farm for almond orchards.

On the second day, they visited different populations of wild Lupin fields of Israel. They also visited the ARO main campus at Rishon Le Tzion, with Lupin experiments.

On the last day, MORE and partner Tel-Hai College have visited wild lupin, almond and carob fields. They have also tasted different traditional dishes using such nuts and legumes.

### Italy, 2-6 May 2022



MORE and Università degli Studi di Milano (UMIL) were received by the partner Zini Prodotti Alimentari SpA and had the opportunity to visit Zini facilities in Milan and to follow the production of some products interesting for the project.

On the next days, More and UMIL visited different legume fields by MartinoRossi SpA: chickpea, yellow pea, and red lentil fields located in the Italian provinces of Livorno and Grosseto; traditional green pea fields in the Italian province of Cremona.

On the last day, MORE visited the 21st CIBUS International Food Exhibition, which took place in Parma and gathered more than 3,000 exhibitors.

[More pictures here](#)

## Available now the LocalNutLeg BOOKLET



The Booklet dedicated to the nuts and legumes covered in the LocalNutLeg project is available for download on the project website (<https://localnutleg.eu/>), in the English, Portuguese, French, German, Italian versions. In the future, it is also intended to make the version available in Spanish, Catalan and Hebrew.

This Booklet intends to convey through images the high biodiversity and availability of legumes and nuts present in the Mediterranean region. This booklet also provides bite-sized information of local nuts and legumes concerning unique crop characteristics, history, places of origin (PDO or PGI), distinctive features on production processes (harvesting techniques), gastronomy, and nutritional and functional properties.

[Click here to Download](#)



## Partners participated at the ALIMENTARIA trade fair 4th and 7th of April 2022

Institut de Recerca i Tecnologia Agroalimentaries (IRTA) and Urla Women Entrepreneurship Production and Management Cooperative (UKKOOP) partners participated at the ALIMENTARIA trade fair, presenting some of the first outcomes developed in the project. Furthermore, Ingrid Aguiló-Aguayo, coordinator of LocalNutLeg project, presented the main objectives and activities of the project. Alimentaria is the landmark international event for all professionals in the food, drinks and food service industry and represents an unmissable date with innovation, the latest trends and the internationalization of the sector.



## LocalNutLeg attended Free From Functional Food Expo 7th and 8th June 2022

"LocalNutLeg was presented in the Free From Functional Food Expo celebrated in Barcelona. This trade fair explored five main sectors: Free From, Organic, Vegan, Functional, and Ingredients, featuring innovative technologies and services. The coordinator of the project, Ingrid Aguiló, presented the project to the attendees, among which were present different companies linked to the plant based sector that were interested in the promotion of local products and their inclusion as valuable ingredients in this new market niche. "

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## **International Conference “Innovation in Mediterranean Traditional Foods: novel products and processes (IMTF)” - 13<sup>th</sup> and 14<sup>th</sup> October, 2022**



The MORE-Collaborative Laboratory Mountains of Research - Association and Polytechnic Institute of Bragança (IPB) organized the international conference entitled Innovation in Mediterranean Traditional Foods: novel products and processes (IMTF), on 13th and 14th of October, in Bragança, Portugal. This international conference brought together researchers, industry, professionals, and consumers to share innovative ideas in this field and share results from the research and innovative work being developed across the Mediterranean region.

Several proposals for communications were received, from which the scientific committee selected the most appropriate for each type of communication, considering the limited time available for this conference. All the submitted works were divided into two main categories, Oral Communications and Posters, having been distributed by 3 different topics: innovative plant-based dairy analogues, plant and nut-based flours and development of bakery products and pasta, and innovative added-value traditional ready-to-eat meals. In total, 9 Oral Communications and 23 Panel Communications were presented, which were joined by 6 keynotes and 3 plenary lectures.

Moreover, since the PRIMA project LocalNutLeg addressed these topics, we enjoyed the presence of many of LocalNutLeg Researchers in this conference, who were able to share their experience.

### Multimedia Gallery

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## Workshop – Showcase of Innovative traditional MedFOODs



LocalNutLeg partners, companies and research centers were invited to participate in a networking lunch, where the first prototypes developed within the scope of the project could be tasted. Different prototypes were presented, including spreads,

cookies made with legume flour and nuts, chestnut “couscous”, and ready-to-eat products from the Mediterranean region. Through this initiative, we intended to promote LocalNutLeg products, establish partnerships with companies and find new business opportunities.

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## First face to face Meeting –14<sup>th</sup> October 2022



LocalNutLeg project started in April 2021 and, like every other activity, it was affected by the restrictions caused by the COVID-19 pandemic situation. Therefore, it was not possible to hold face-to-face meetings, and all meetings and discussions were held virtually and via online platforms. Due to the recent developments on public health, it was decided by the team to get together and hold the first face-to-face meeting, to discuss the important issues of the project and the challenges ahead. The meeting took place on October 14<sup>th</sup>, in Bragança, Portugal. Discussions were held on various project topics. Representatives of all project partners participated in the event. During this meeting, important topics such as planning for the next steps regarding the future activities of the project were discussed and agreed upon.

[More pictures here](#)



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