

PEAS



Mediterranean region

Italy



GEOGRAPHIC AREA

Italian main production areas of peas are located in the central northern regions. For example, the peas "a mezza frasca aretino" and "a tutta frasca aretino" are traditional varieties from the province of Arezzo, region of Tuscany.



PRODUCTION

Sowing: November

Pod development: late March and April

Harvest: late May

Culture requires sandy soils and does not need phytosanitary interventions.



CHARACTERISTICS

For best flavor, the pods are harvested when are plump but not bulging.

Depending on the variety, seeds may be light green or yellow. Usually they are quite small, sweet, smooth, and tender.



GASTRONOMY

In Italy, it is traditional to cook lamb with peas on Easter sunday, when the whole family gathers to celebrate one of the most important religious feasts of the year.