# ALMONDS UMM EL-FAHM







## Mediterranean region Israel

#### STORY

• It is a variety with origins in Syria, having been brought to Israel by Hassan al-Assad. So, the tree has taken the name from the first person who brought it and became known as Hasan Asad almond tree. Afterwards, it was also given to the tree, the name of the Israel town where Hassan Al-Assad lived: Umm el-Fahm. Today it is called "Hasan" or "Umm el-Fahm" almond tree

### **CHARACTERISTICS**

- The main variety in Israel with a large and tasty seed.
- The fruit (seed) is especially large, with a soft and light-colored shell, and has a delicate and rich flavor.









#### TRADITIONAL USES

- Green Almonds when the hull is still green and bit able and the seed has not yet ripened (a semisolid texture), to consume green almonds can be consumed as a snack with salt, or as an ingredient in salads or cooked dishes.
- Beverages (e.g., almond milk flavored with cardamom, tea).
- Use as an ingredient in baked and pastry goods (e.g., marzipan), dairy products, salads, soups and side dishes.



