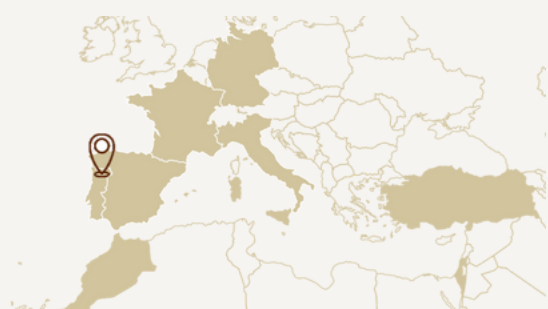


# CHESTNUT

PDO "CASTANHA TERRA FRIA"



*Mediterranean region*

*Portugal*

## HISTORICAL CONTEXT

Castanha da Terra Fria PDO is inextricably linked to the area where it grows. In Portugal, the chestnut tree was already an important source of nourishment in Roman times since the potato was not introduced until 1789.



## GEOGRAPHIC AREA

Some areas of the municipalities of Alfândega da Fé, Bragança, Chaves, Macedo de Cavaleiros, Mirandela, Valpaços, Vimioso and Vinhais, in the districts of Vila Real and Bragança, Northeast Portugal.

## VARIETIES

Longal, Judia, Côta, Amarelal, Lamela, Aveleira, Boa Ventura, Trigueira, Martainha and Negral.



## CHARACTERISTICS

- Elongated elliptical shape;
- Reddish brown shiny colour, has long dark lines across it;
- Intense and aromatic flavor;
- The “brown” characteristic is more appreciated for industrial use, due to its good ability to peel.

## TRADITIONAL DISHES

- Meat dishes (e.g.: wild boar or lamb with chestnuts);
- Chestnuts soup;
- Desserts (e.g.: tart and pudding).

